



# Inspiring Futures College Mentorship Program

## KEY INFO FOR PARTICIPATION

### STUDENT/MENTEE DETAILS

- Weekly sessions held virtually via Zoom on **Tuesdays from 4:30-5:30pm**
- Calendar invites with links sent to student email
- Weekly emails & text message reminders sent
- Come to each meeting prepared to ask 1-3 questions about the topic
- Weekly meeting topics:
  - Sep 30 Week 1: Get to know you & general mentor/mentee connection
  - Oct 7 Week 2: Campus & social life in college
  - Oct 14 Week 3: Academics in college
  - Oct 21 Week 4: Career exploration
  - Oct 28 Week 5: Independence & self-determination
  - Nov 4 Week 6: Celebration & Concluding Q&A (parents welcome)
- Join the Zoom meeting from a quiet area so you can participate fully
- Reach out if you have any questions or needs (contact info below)
- We can't wait!

### PARENT/EDUCATOR DETAILS

- Thank you for connecting your student(s) to this mentorship program. We strive to make it meaningful for them and are grateful to be working alongside you!
- **IMPORTANT:** We ask that students join mentor meetings *independently*. This allows students to connect more authentically and ensures students receive the most out of the program.
- If your student needs additional support/accommodations, please let us know.
  - Parents and teachers will receive weekly emails about topics covered in mentorship sessions and helpful resources you can use to continue the conversation with your student at home and at school. You will also receive links to ongoing webinars geared towards parents/educators so you have more helpful resources.

IN! is a non-profit organization that advocates for college access for students with intellectual disabilities in Colorado.

More about IN! at [inclusivehighered.org](https://inclusivehighered.org).

Questions? Contact IN!'s Program Coordinator: Elise Kramer

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