## College Preparation Checklist for Students with ID Pursuing Inclusive Higher Education

Inclusive higher education programs provide alternate enrollment pathways to college for students with intellectual disability. By providing robust support to students in four domains (academics, social, career, and interdependence), participants are able to pursue their goals and be fully included members of the student body.

Below is a checklist of skills to begin developing in each domain in order to best prepare students for inclusive college participation.



ACADEMICS:	CAREER:
<ul> <li>□ Student led IEP</li> <li>□ Participate in inclusive settings</li> <li>□ Exploration of academic interests</li> <li>□ Use of assistive technology for basic reading and writing support</li> <li>□ Knowledge of learning style</li> <li>□ Attendance and punctuality</li> <li>□ Communication with teachers</li> <li>□ Completion of high quality work</li> <li>□ Acceptance of constructive criticism</li> <li>□ Persistence and growth mindset</li> <li>□ Goal setting and tracking</li> <li>□ Email etiquette</li> </ul>	□ Career exploration and curiosity □ Time management □ Communication with supervisors □ Problem solving □ Motivation & commitment □ Initiative □ Responsibility for actions □ Self-advocacy □ Social/emotional understanding □ Anticipates needs □ Implement coping techniques □ Financial management □ DVR Connection
SOCIAL:	INDEPENDENCE:
<ul> <li>□ Self regulation</li> <li>□ Schedule management</li> <li>□ Professional relationship awareness</li> <li>□ Conflict management</li> <li>□ Collaboration</li> <li>□ Adaptability</li> <li>□ Responsible risk taking</li> <li>□ Use of natural supports</li> <li>□ Appropriate use of social media</li> </ul>	<ul> <li>□ Communication of needs</li> <li>□ Navigating campus independently</li> <li>□ Personal/environmental safety</li> <li>□ Community access/travel</li> <li>□ Appropriate use of down time</li> <li>□ Medication management</li> <li>□ Self-care/cleanliness</li> <li>□ Self-determination</li> <li>□ Growth mindset</li> <li>□ Access community-based services/agencies</li> </ul>

For more information: www.inclusivehighered.org info@inclusivehighered.org

