

Fall 2023 Webinar Series

**IN! 101 & INDEPENDENCE**

**(Student & Parent Panel)**



PATHWAYS TO INCLUSIVE  
HIGHER EDUCATION

# Webinar Objectives

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- Understand inclusive college options for students with intellectual disabilities (ID) in Colorado.
- Identify common ways inclusive higher education programs promote and support independence during college.
- Hear from graduate students and parents about their experiences with independence and independent living during and after college.

# Understanding Inclusive College Programs in CO

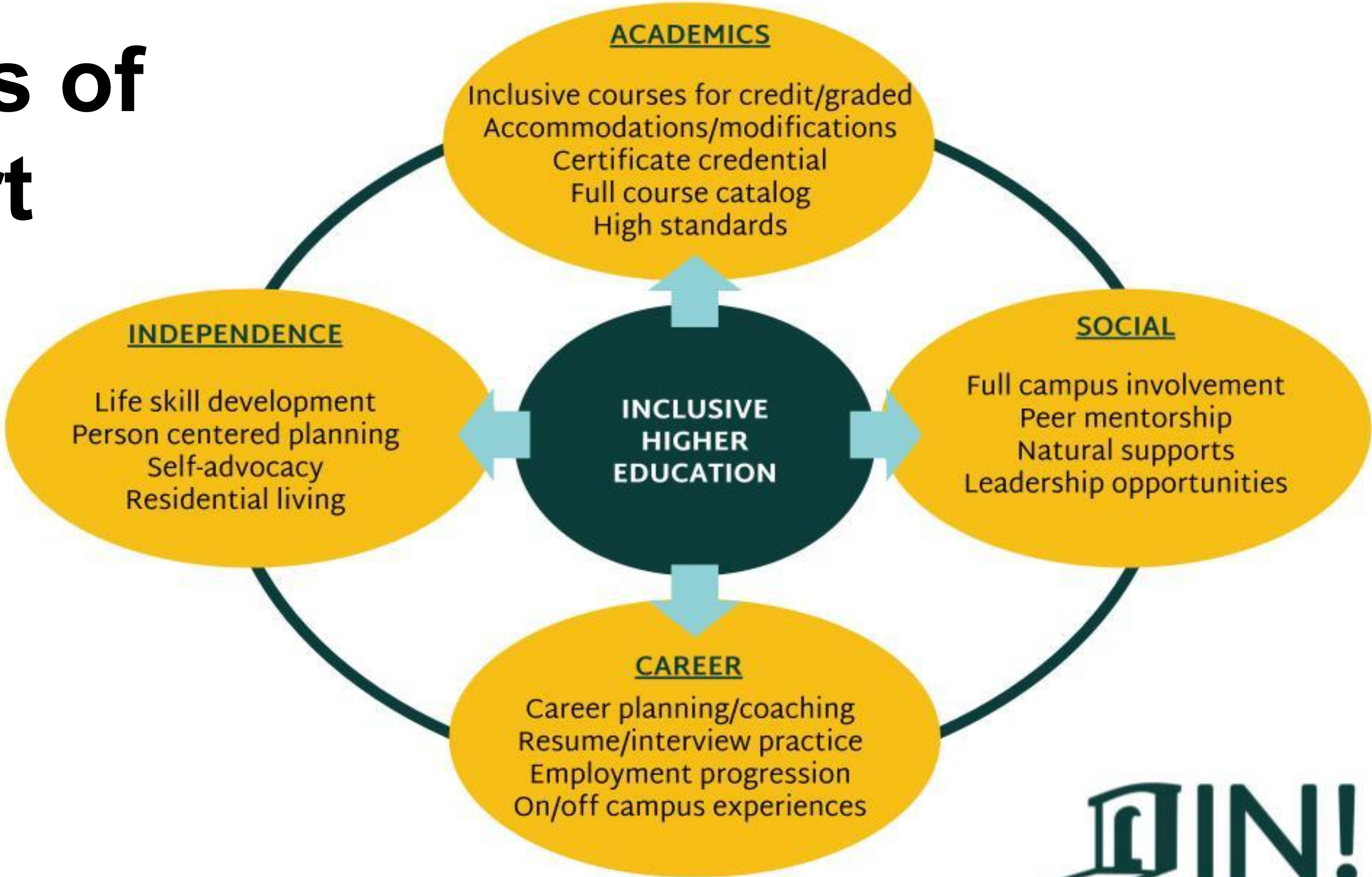
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# What is Inclusive Higher Education?

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- Alternative admission pathway for students with intellectual and developmental disabilities\*
- Fully inclusive & normative
- Students take courses that align with career goal
- Access accommodations & modifications
- Earn certificate credential
- Participate in career readiness and independent living
- Staff and peer mentor support in 4 domains:

# 4 Pillars of Support





- Elevate
- Arapahoe Community College
- Littleton, Colorado
- **Commuter Campus**
- 3 year program
- [arapahoe.edu/elevate-acc](http://arapahoe.edu/elevate-acc)



- Office of Inclusive Services (OIS)
- University of Colorado
- Colorado Springs, Colorado
- **On campus living**
- 4 year program
- [inclusiveservices.ucsc.edu](http://inclusiveservices.ucsc.edu)



- GOAL – Go On And Learn
- University of Northern Colorado
- Greeley, Colorado
- **On campus living**
- 4 year program
- [unco.edu/unc-goal](http://unco.edu/unc-goal)



- GLOBAL Inclusive Program
- Regis University
- Denver, Colorado
- **On campus living**
- 1-2 year program
- [regis.edu/global](http://regis.edu/global)

- Comprehensive Transition & Postsecondary Program (CTP) = Financial Aid
- Statewide Comprehensive Higher Education Certificate = Meaningful Outcome



- CSU RAM Scholars
- Colorado State University
- Fort Collins, Colorado
- Experiential learning and agriculture focus
- Program specifics and webpage coming soon



- Inclusive Higher Education Solutions
- Metropolitan State University of Denver
- Denver, CO
- Program specifics coming soon
- [msudenver.edu/IHES](https://msudenver.edu/IHES)



- Rural university



- Community College

**Coming Fall 2024**

**Coming Fall 2025**

# Promoting Independence in Inclusive Higher Education Programs

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# General Independence Supports

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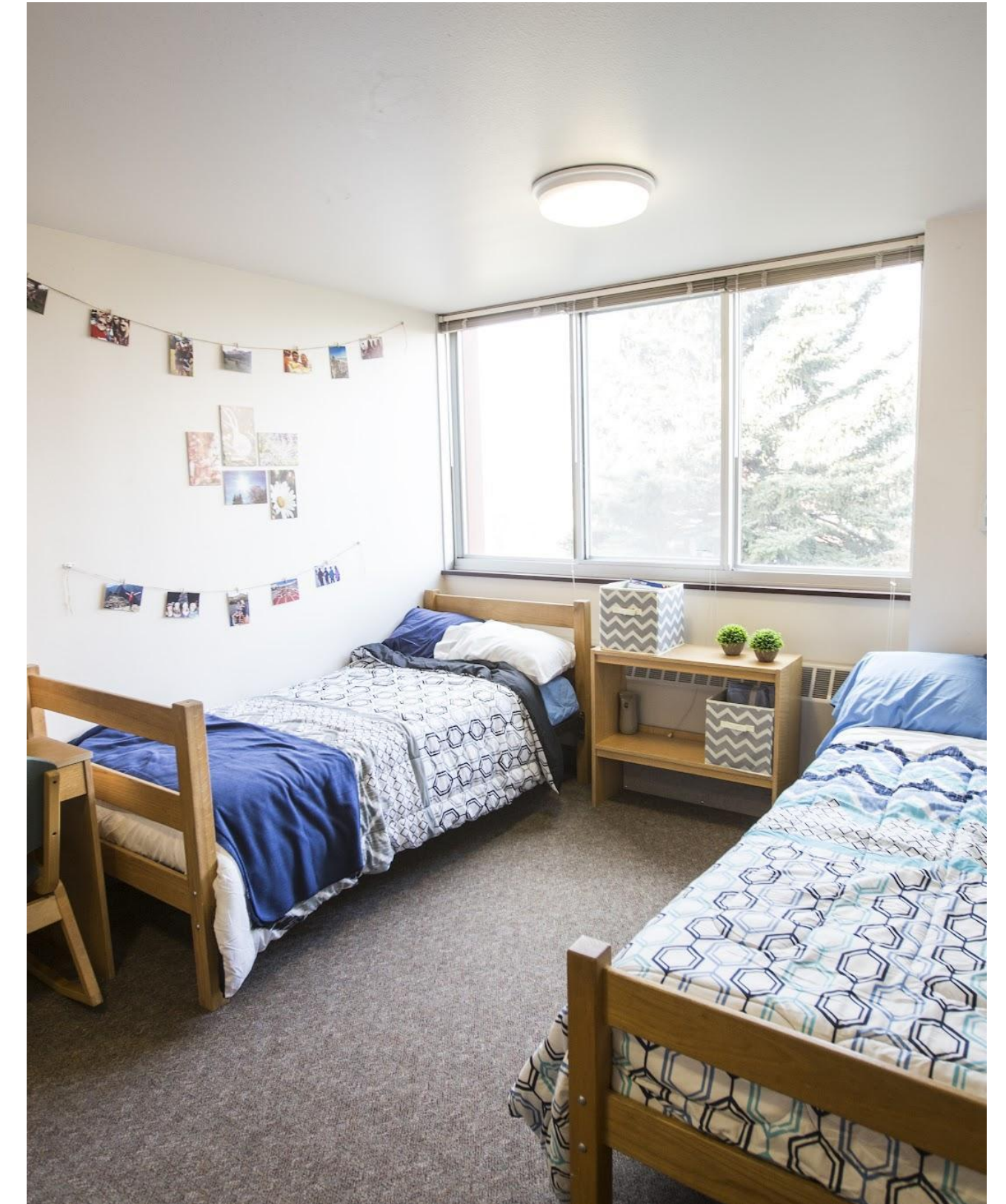
- Person Centered Planning
- Specialized Class / Direct Instruction:
  - Money management
  - Community access & travel training
  - Self-advocacy development
- Environment of choice & natural consequences
- Peer mentor guidance in:
  - use of down time
  - calendar tracking system
  - use of natural supports



# Residential Living Supports

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- Year 1-2, room with peers from program
- Scheduled support from peer mentors:
  - cleaning/chores
  - grocery shopping/cooking
  - roommate conflict
- Natural support from residential staff
  - RA / RD
- Additional support from program staff as needed
- Use of waiver services as needed



# Meet Our Panelists

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- Name
- School/program you attended
- GRADS: Your favorite part about going to college
- PARENTS: How you saw your student grow throughout college



# Independence in College

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- 1. What was your living experience like in college (type of housing, roommates, etc.)?**
- 2. How did you practice being independent during college?**

# Supports

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1. How did your program provide independent living support?
2. Did you receive independent living support from other agencies?

# Independence After College

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1. What is your current living situation?
2. How did you reach your goal of living independently after college?

# Open Q&A

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# Conclusion

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**What is your  
greatest piece of  
advice for  
promoting  
independence for  
students with ID?**



# Learn More & Get Involved

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IN! works to raise awareness of the inclusive college options available throughout Colorado via webinars, informational sessions, mentorship opportunities, college prep resources, and more.

## Helpful Links

- [IN! website](#)
- [IN! College Mentorship Program](#)
- [Self-Paced Modules: A deep dive into inclusive higher ed](#)
- [Fall Webinar Series](#)
- [Monthly newsletter](#)

# National Resources

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- [Going to College Preparation Page](#)
- [ThinkCollege Program Search Page](#)
- [ThinkCollege Family Resources](#)



# Questions?

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# THANK YOU

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