



# Inspiring Futures College Mentorship Program

## KEY INFO FOR PARTICIPATION

### STUDENT/MENTEE DETAILS

- Weekly sessions held virtually via Zoom on **Tuesdays from 4:30-5:30pm**
- Calendar invites with links sent to student email
- Weekly emails & text message reminders sent
- Come to each meeting prepared to ask 1-3 questions about the topic
- Weekly meeting topics:
  - Sep 24 Week 1: Get to know you & general mentor/mentee connection
  - Oct 1 Week 2: Campus & social life in college
  - Oct 8 Week 3: Academics in college
  - Oct 15 Week 4: Career exploration
  - Oct 22 Week 5: Independence & self-determination
  - Oct 29 Week 6: Celebration & Concluding Q&A (parents welcome)
- Join the Zoom meeting from a quiet area so you can participate fully
- Reach out if you have any questions or needs (contact info below)
- We can't wait!

### PARENT/EDUCATOR DETAILS

- Thank you for connecting your student(s) to this mentorship program. We strive to make it meaningful for them and are grateful to be working alongside you!
- **IMPORTANT:** We ask that students join mentor meetings independently. This allows students to connect more authentically and ensures students receive the most out of the program.
- If your student needs additional support/accommodations, please let us know.
  - We will send you weekly emails about topics covered in mentorship sessions and helpful resources you can use to continue the conversation with your student at home.
  - We will also send you links to ongoing webinars geared towards parents/educators in order to resource you well.

IN! is a non-profit organization that advocates for college access for students with intellectual disabilities in Colorado.

More about IN! at [inclusivehighered.org](http://inclusivehighered.org).

Questions? Contact IN!'s Program Coordinator: Elise Kramer  
[elise@inclusivehighered.org](mailto:elise@inclusivehighered.org), 720-675-9139