

# PREPARING FOR COLLEGE

for students with intellectual developmental disabilities and their families

# Think Early

At age 14 or earlier, start thinking about your interests, passions, and future goals. Then ask yourself, can college get me there?



# **Preparing Yourself**

Take leadership in IEP meetings. Set IEP goals to prepare for college academics and social life. Know your rights to higher education under ADA. Work on making choices independently and speaking up about what you want.

Practice talking about your disability and the supports you need. Come up with strategies for keeping a schedule, managing medications, and other independent living skills.



## **Know your Options**





Inclusive Services

UNIVERSITY OF COLORADO COLORADO SPRINGS









Prevention Research Center College of Agricultural Sciences Center for Community Partnerships



8 colleges in Colorado offer inclusive higher education programs!

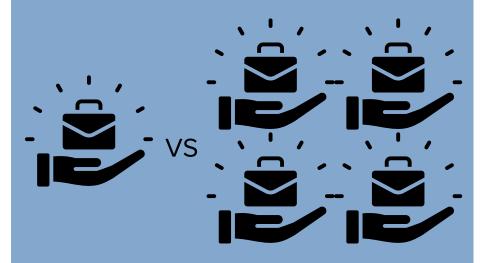
#### **More Questions?**

Visit www.inclusivehighered.org to learn more!



### Is college worth it?

People with IDD can be up to 4X more likely to be employed after completing a higher education program. (Avellone, Camden, Taylor, Wehman, 2021)



College offers lifelong learning, community engagement, and a fulfilling future!

#### **Find Out More**

Call program staff to ask questions, and visit programs to meet students.

# **Preparing Together**

Explore financial aid resources and make a plan for paying for college. Discuss how parent and student roles will change in college. Ensure disability documentation is up-to-date.



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