

Fall 2022 Webinar Series - #2

IN! 101:

Overview of Inclusive Higher Education
Opportunities in Colorado



Intros & Housekeeping

Thank you for joining us!

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- Name, Role, County/District you are joining us from
- Q&A time allotted throughout webinar
- Use chat to ask questions
- Video & audio mute during presentation

Who We Are:



IN! exists to create **inclusive** college opportunities in Colorado for students with intellectual disabilities to foster **academic growth, social development, and career advancement.**

Students with intellectual disabilities will be welcomed on college campuses and allowed to **continue their education and preparation for life**, as inclusive pathways become part of the fabric of all colleges and universities throughout Colorado.

Note: IN! encourages colleges to open their doors to students with intellectual disabilities. The colleges then provide all of the on-campus supports.

Webinar Outline

- 1) The landscape of college options for students with disabilities in Colorado
 - History of inclusive college pathways in CO
 - 3 levels of support & key differences
 - Inclusive college pathways available for students with ID
- 2) Specifics of inclusive higher education programs at
 - ACC
 - UCCS
 - UNC
- 3) Starting the conversation for the students with intellectual disabilities in your life

Landscape of College Options

History of Inclusive College Pathways in CO

1973-1990



Section 504 of the Rehabilitation Act
&
Section II Americans with Disabilities Act
for all institutions of higher education

2008



Federal
Reauthorization of
Higher Education
Opportunity Act
&
Think College
established

2014



IN! is founded
as 501 (c)(3)

2016



Colorado Senate
Bill 196:
Inclusive Higher
Education Act

CO joins the
movement

2020



First students
with ID graduate
from college in
Colorado

currently 70
students in 3
schools

2022



House Bill 22-1107:
Inclusive Higher
Education
Opportunities
to expand pathways
to higher education
for students with ID
in CO

Disability Services

- All higher ed institutions
- Traditionally accepted, degree seeking
- Self-disclosure required to receive services
- Various disabilities
 - physical, chronic health, ASD, ADHD/ADD, mental health impairment, etc.
- Must meet essential functions of all courses
- Academic accommodations only:
 - Extra time on exams
 - Quiet location
 - Preferential seating
 - Sign language interpreter
 - Scribe
 - Assistive tech.
 - etc.

Comprehensive Services

- Only offered at select institutions
- Traditionally accepted, degree seeking
- Self-disclosure required to receive services
- Variety of disabilities who are primarily independent in academics, but whose disabilities impact other areas of student life. (ASD)
- Access disability services + additional comprehensive services
- Beyond academic support – social, vocational, organization, etc.

Inclusive Services

- Only offered at select institutions
- Nontraditional acceptance, must apply to specific program
- Certificate credential
- Primarily intellectual and developmental disabilities
- Receive accommodations & modifications
- More intensive staff and peer mentor support
- Fully included in courses that align with career goal
- Support domains:
 - academic, social, vocational, and independent living

Disability Services

- All institutions of higher education

Comprehensive Services

- Learning Effectiveness Program at University of Denver
- CHOICES - Opportunities for Postsecondary Success at Colorado State University
- ISAAC – Integrated Supports for Students with ASD in College at MSU Denver
- Inclusive Higher Education Solutions at MSU Denver

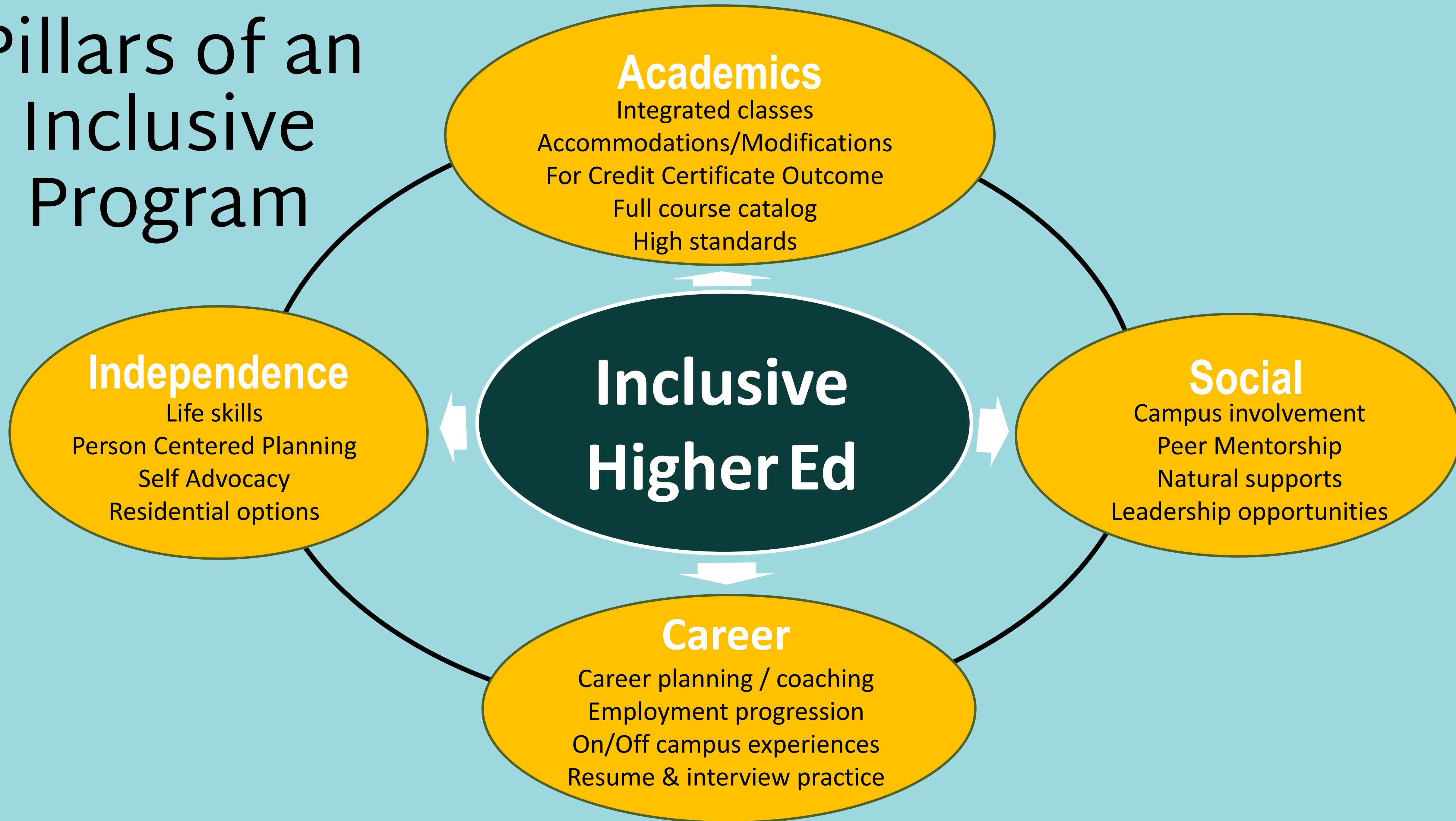
Inclusive Services

- Elevate at Arapahoe Community College
- Office of Inclusive Services at University of Colorado Colorado Springs
- GOAL at University of Northern Colorado

- GLOBAL Inclusive Program at Regis University

- ThinkCollege


Pillars of an Inclusive Program



What are the outcomes?


- Competitive, integrated, meaningful employment
 - 135% increase in employability
 - 102% increase in wages
 - 28% decrease in food preparation
 - 59% drop in cleaning/maintenance
 - 300% increase in healthcare professions
- 32 graduates in Colorado since 2020!

With college, people with IDD are
3x more likely to be employed




VS


AND COLLEGE OFFERS...



lifelong learning



community engagement



a fulfilling future

Questions?

Current Inclusive Higher Ed Programs



- Elevate at ACC
- Littleton, Colorado
- <https://www.arapahoe.edu/advising-support/disability-access-services/elevate-acc>



Inclusive Services

UNIVERSITY OF COLORADO
COLORADO SPRINGS

- Office of Inclusive Services
- Colorado Springs, Colorado
- <https://inclusiveservices.uccs.edu/>



- GOAL – Go On And Learn
- Greeley, Colorado
- www.unco.edu/unc-goal

Admission



- Have a documented intellectual disability
 - Each school has slightly different criteria for documentation
- Desire to go to college & live and work as independently as possible
- Utilize modifications and accommodations
- Have completed high school
 - Can attend the school district transition program first
- Able to participate in class and campus activities with support
 - Students held to college Code of Conduct

Admission

Apply to inclusive office on campus (IN! does not facilitate)

- Winter: Applications typically open for following fall
- Includes application packet, references, and interview
 - student application
 - parent input
 - teacher recommendation letters
 - disability documentation
 - interview/on campus experience
- Spring: Applications typically due and interviews begin

ACC Example of Programming



ACADEMIC	CAREER	INDEPENDENCE	SOCIAL
Summer Bridge: <input type="checkbox"/> AAA 101 (1) Fall: <input type="checkbox"/> CIS 118 (3) <input type="checkbox"/> AAA 109 (3)	Meeting with campus career counselor Focus 2 career assessment	Elevate Workshop & Study Hall Series Frequent check-ins & person-centered planning with Elevate staff Long and short term goal development & planning	Student Support <ul style="list-style-type: none">- Tutoring center- Writing center- Math Lab- Student Success Center- Student Access Services- Testing Center- Faculty office hours- Individualized academic planning
<input type="checkbox"/> CCR 092 (5) <input type="checkbox"/> 1 course from area of study (3) _____	Continued exploration with career counselor Identified career goal and next steps		Campus Involvement: <ul style="list-style-type: none">- Clubs and Organizations- Elevate Club- ACC activities- National Society of Leadership and Success
<input type="checkbox"/> MAR 106 (3) <input type="checkbox"/> 1 course from area of study (3) _____ <input type="checkbox"/> Optional: elective (1) _____	On-campus job experience: <ul style="list-style-type: none">- Work study- Volunteer- Paid/unpaid		
<input type="checkbox"/> COM 125 (3) <input type="checkbox"/> 1 course from area of study (3) _____	Community based job placement in area of study		
<input type="checkbox"/> 1 course from area of study (3) _____ <input type="checkbox"/> 1 course from area of study (3) _____			
<input type="checkbox"/> 1 course from area of study (3) _____			
36 credits 18 in comprehensive courses + 18 in selected area of study	On-campus work experience(s) Community based internship/job shadow(s)	Active participation in Elevate workshops and study hall sessions	Participation in at least 6 campus clubs/organizations, and/or events each semester

ACADEMICS



Academics

- Full course catalog
- Courses taken for credit & graded
 - modified courses only transferable to other IHE programs
- Comprehensive higher education certificate w/ concentration in selected area of study
 - 36-72 credit hours depending on school
 - 3 courses/semester
 - 2 traditional, 1 specialized class
 - career experience

Example of Certificate



Academic Plan
Certificate
Comprehensive Higher Education
Catalog Year: 2021/2022

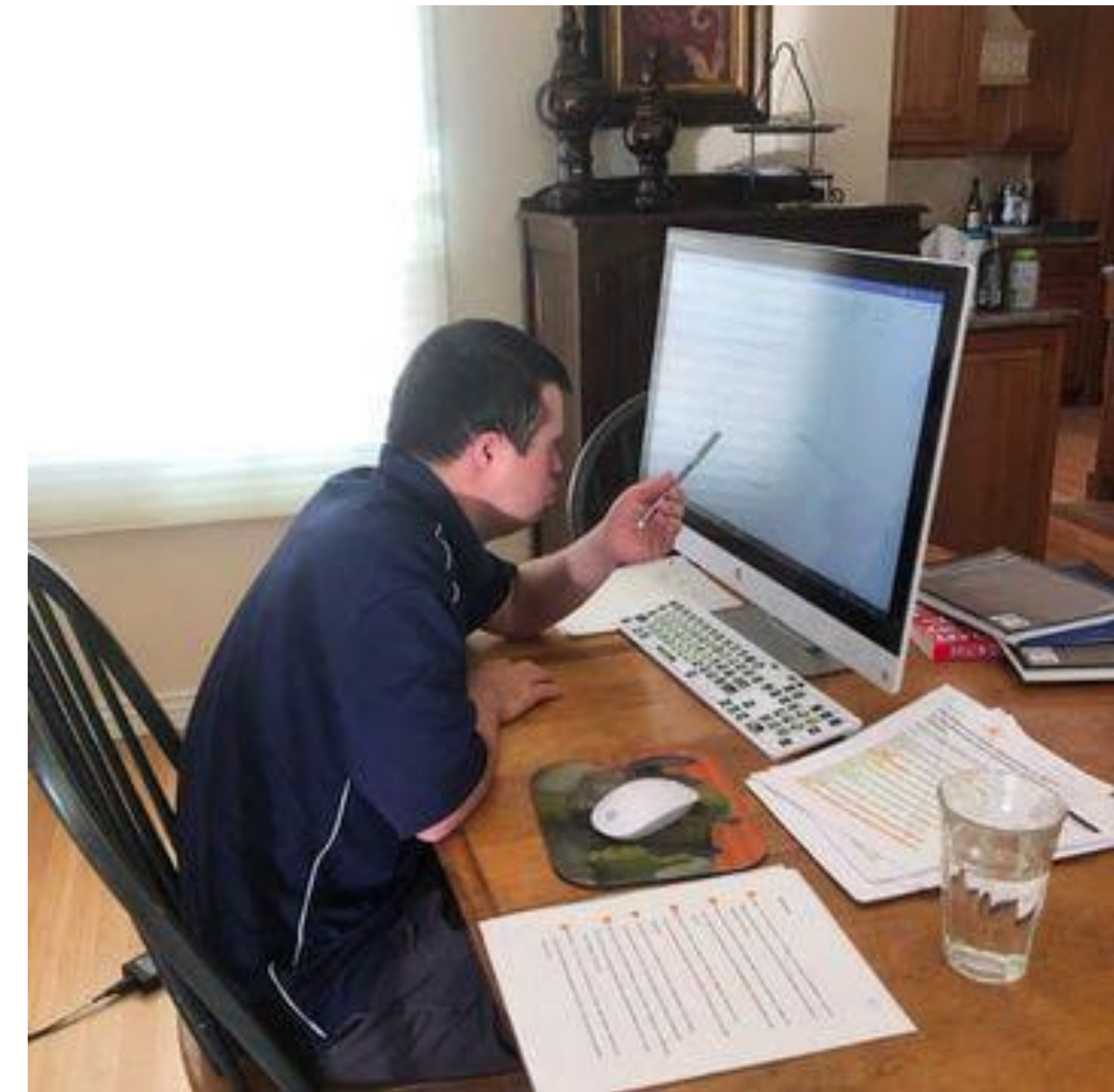
36 Credits

RECOMMENDED COURSE SEQUENCE PART-TIME TRACK

Year 1: Summer	Credits	Course
	1	AAA 101 - College 101: The Student Experience (1 Cr.)
Year 1: Fall	Credits	Course
	3	AAA 109 - Advanced Academic Achievement (3 Cr.)
	3	Area of Study Course
Year 1: Spring	Credits	Course
	3	Area of Study Course
	5	CCR 092 - College Composition and Reading (5 Cr.)
Year 2: Fall	Credits	Course
	3	Area of Study Course
	3	CIS 118 - Intro to PC Applications (3 Cr.)
Year 2: Spring	Credits	Course
	3	Area of Study Course
	3	COM 125 - Interpersonal Communication (3 Cr.)
Year 3: Fall	Credits	Course
	3	Area of Study Course
	3	MAR 106 - Marketing Your Image (3 Cr.)
Year 3: Spring	Credits	Course
	3	Area of Study Course

Academic Support

- Academic coordinator in each inclusive office
- Tracking assignments
- Accommodations and modifications
- Course advising
- Peer mentors
- Study halls
- Other campus supports: tutoring center, writing center, etc.



What Students are Studying

- Art design
- Criminal Justice
- Communications
- Early Childhood Education
- Dance
- Government
- Healthcare
- Human Services and Leadership
- Photojournalism
- Sports Management
- And more!



SOCIAL

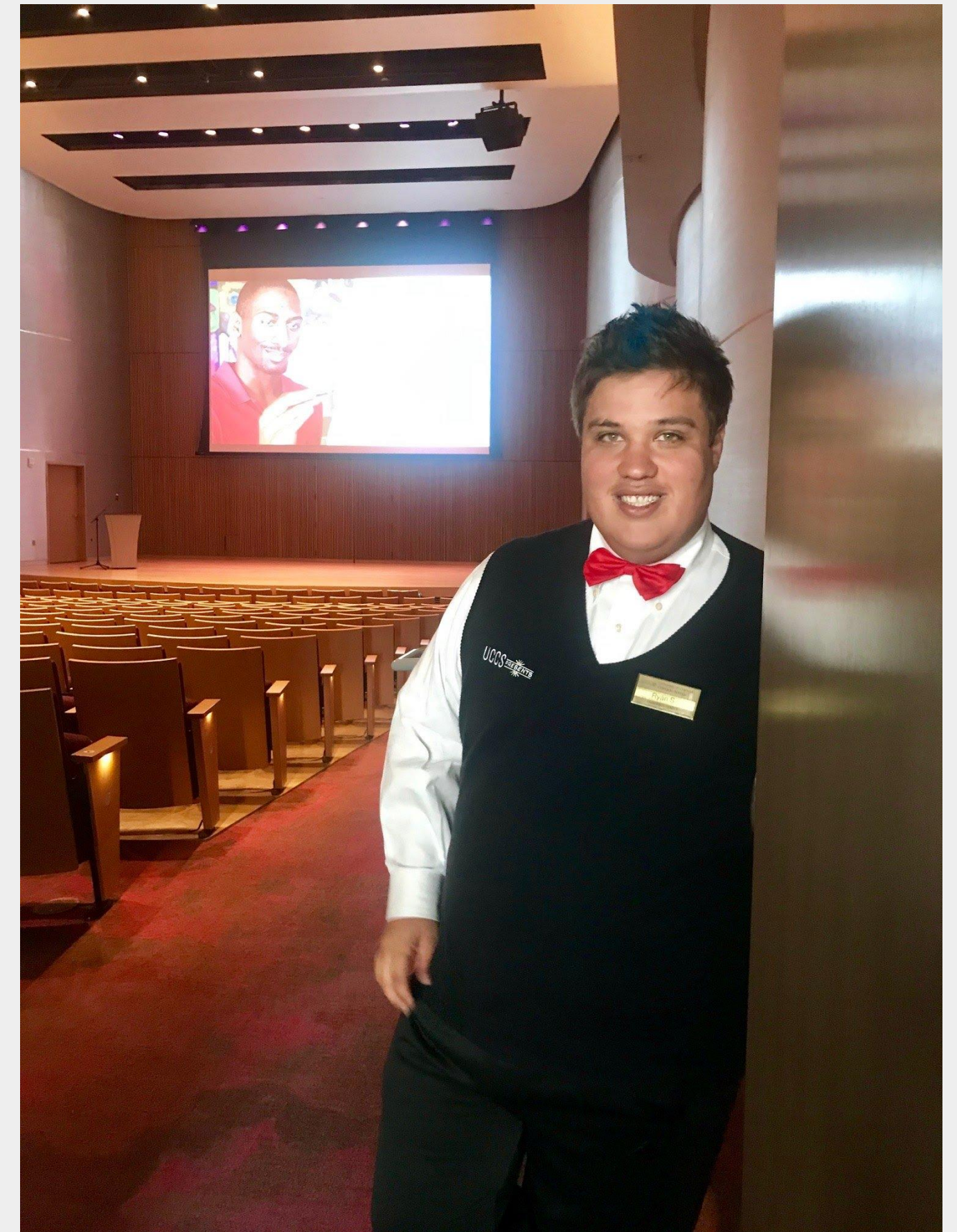


Social Life

- Attending events
 - Joining clubs
 - Volunteering
 - Taking on leadership roles
-
- Campus engagement staff in each inclusive office
 - Peer mentors
 - Natural supports through clubs/groups



CAREER



Career/Vocational

Year 1: acclimate to college/exploration

- career interest survey
- career readiness skills

Year 2: learn job skills/internship

- job shadow
- informational interviews
- define career path/goal
- resume/interview prep

Career/Vocational

Year 3: internship in area of interest

- work based learning, practicums
- paid/unpaid internship placement
- job coaching if needed (individualized)

Year 4: employment in area of interest

- continued work based learning
- supported as needed
- connection with DVR supports

Post-Grad: competitive integrated employment



INDEPENDENCE



Independence

- Person centered planning & self-advocacy support
- Life Skills
 - public transit
 - planning outings
 - relationship management
 - etc.
- Residential Living:
 - UNC: dorms
 - UCC: on campus apartments
- Supports: Peer Mentors & Medicaid/SLS Waiver



Financial Information - Costs

- Tuition and fees (same cost, fewer credits)
- Program fee for inclusive services
- Room and board, if applicable

NOTE:

- Costs vary by school
- There is significant difference in cost between community college & university
- Be sure to reach out to each institution for details

Financial Information - Resources

- Financial Aid (grants, work study)
- Scholarships (local, college, national, disability specific, etc.)
- College funds/ABLE accounts (www.coloradoable.org)
 - financial specific webinar October 6 @4pm
- Division of Vocational Rehabilitation (www.Colorado.gov/dvr)
- Community Centered Board – Medicaid Waivers for independent living support
- Student contribution (work, SSI, etc.)

NOTE: Families are encouraged to research each option as the supports are individualized to each circumstance



Questions?

Starting the Conversation

Ways to Begin the Conversation:

Routinely ask about post secondary goals and thoughts on college

Incorporate person centered planning & student leadership into IEP

Invite guest speakers with disabilities to share about their post secondary experiences/jobs

Advocate for majority of time in inclusive settings

Take field trips to inclusive colleges and/or community colleges (*open access)

Access college readiness resources as regular content:
thinkcollege.net, goingtocollege.org,
onetonline.org

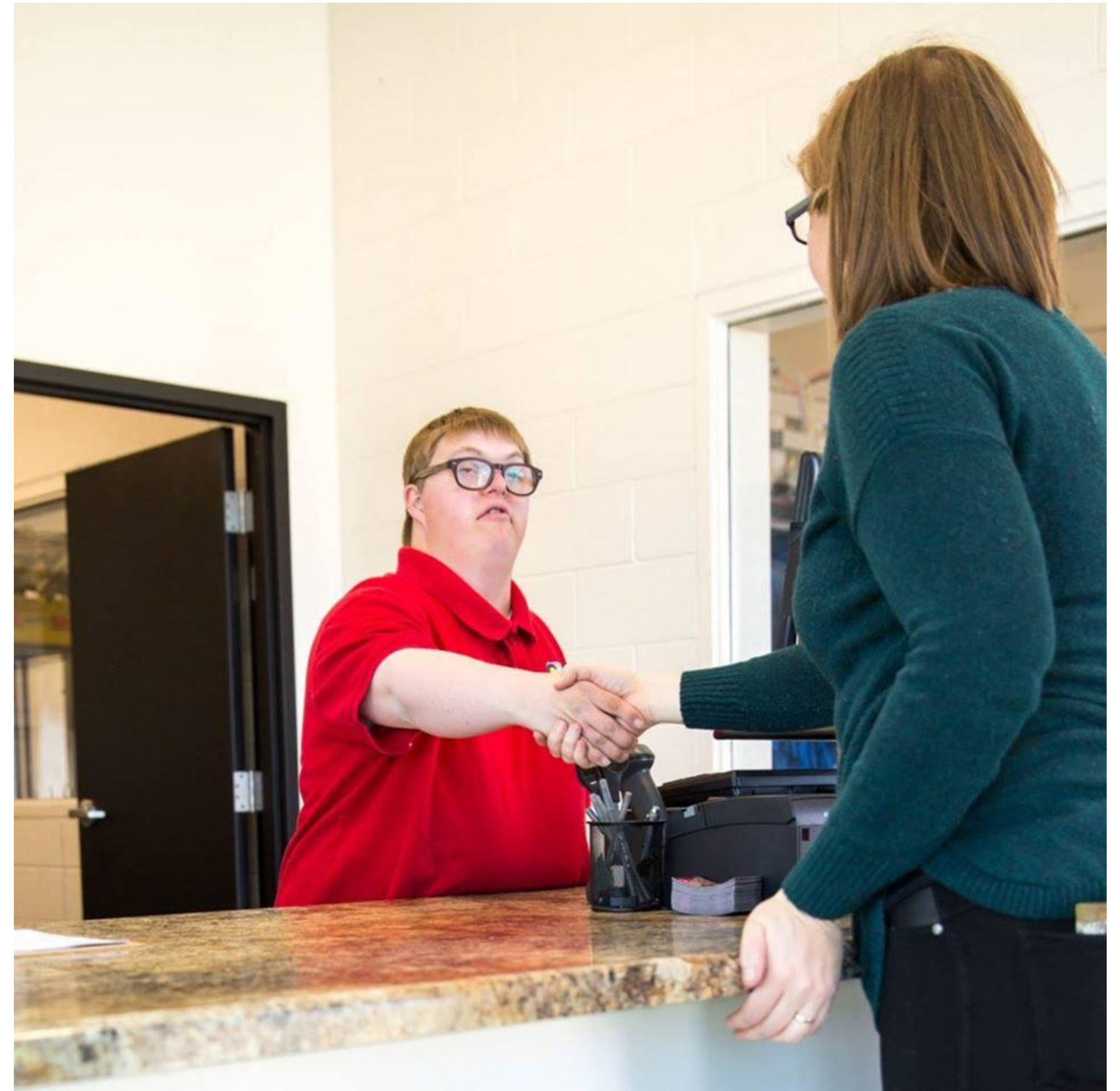
Ways to Begin the Conversation:

Invite IN! to present to your students or offer a college workshop

Participate in mentorship opportunities

Offer a college & career exploration class as part of the district transition program

Other ideas specific to your students?



Responsibilities For Students at Home:

Wake up to an alarm

Use electronic reminders to be on time independently

Develop a schedule tracking system

Learn to cook a few staple meals

Work towards doing your own laundry

Pack your backpack and lunch

Practice using public transportation

Money management

Connect to your Community Centered Board

Finding the Right College

- Admission requirements
- Fees, tuition, and financial aid
- Inclusion with the campus community
- Academics
- Housing
- Supports
- Program staff
- Communication with parents
- Career development

Download guide at:

<https://thinkcollege.net/resource/transition-planning/conducting-a-college-search-questions-to-ask-college-programs>

How Can I Prepare? Advice from Students

- Motivation is very important
- Identify your future goals
- Look at the career options offered at each school
- Work on organization (checking emails, navigating transportation, using a planner to schedule activities, etc.)
- Continue to challenge yourself in basic reading and writing
- Practice self-advocacy
- Attend a college tour and/or information session

*Copied from Elevate at ACC

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<https://forms.gle/g4bbnSt9M1WhZ7wt5>

Questions?

Learn More & Get Involved



- **IN! website:** <https://inclusivehighered.org>
- **Self-Paced Modules: A deep dive into inclusive higher ed**
<https://inclusivehighered.org/college-options/self-paced-modules.html>
- **Upcoming events and recorded webinars:**
inclusivehighered.org/news-events/
- **Monthly newsletter:**
<https://inclusivehighered.org/contact-us/join-us.html>
- **Ways to Give:** <https://inclusivehighered.org/about/donate.html>

IN! Staff



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School Contacts

UNC GOAL: <https://www.unco.edu/unc-goal/>

Elevate at ACC:

<https://www.arapahoe.edu/advising-support/disability-access-services/elevate-acc>

UCCS Inclusive Services: <https://inclusiveservices.uccs.edu/>

Resources

- Going to college high school checklist:
<http://going-to-college.org/planning/list.html#get>
- UCCS' Getting Ready for College: Top 10 Actions to Take While in High School:
https://inclusivehighered.org/file_download/0f8e4fba-6d07-45d0-8288-cab639d222cb
- Division of Vocational Rehabilitation: <https://dvr.colorado.gov/>
- ThinkCollege family resources:
<https://thinkcollege.net/family-resources>
- Personal Competencies for College & Career Success:
https://thinkcollege.net/sites/default/files/files/resources/Outcomes_Personal-Competencies-for-College-and-Career-Success_NCWD.pdf