#### Fall 2024 Webinar Series

# **Choosing the Right Fit:**

### Which IHE is Best for Me?



# **Today's Presenter**



### **IN! Program Coordinator:**

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#### Welcome!

- Full Fall 2024 Webinar Series
- Video recording & resources will be emailed tomorrow

- Q&A time allotted throughout
- Brief feedback survey directly following









IN! exists to create inclusive college opportunities in Colorado for students with intellectual disability (ID) to foster academic growth, social development, career advancement, & independence.

#### What We Do:

**EDUCATION** 

**OUTREACH** 

**EXPANSION** 

**OUTCOMES** 

\*IN! does not provide direct services on campus

# Agenda



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Understanding
Inclusive
Higher
Education in
Colorado

Deep Dive into Each IHE's Offerings

Application & Admissions Considerations

Resources





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## What is Inclusive Higher Education?

- Alternative admission pathway for students with intellectual disability\*
- Access accommodationsand modifications
- Fully inclusive & normative
  - 2 academic courses & 1 direct instruction course

- Students take courses that align with career goal
- Earn certificate credential
- Campus-wide supports
- Participate in career readiness, independent living, campus community
- Staff and peer mentor support in 4 domains:



# 4 Pillars of Support

#### INDEPENDENCE

Life skill development
Person centered planning
Self-advocacy
Residential living

#### **ACADEMICS**

Inclusive courses for credit/graded
Accommodations/modifications
Certificate credential
Full course catalog
High standards

#### INCLUSIVE HIGHER EDUCATION

#### CAREER

Career planning/coaching Resume/interview practice Employment progression On/off campus experiences

#### SOCIAL

Full campus involvement Peer mentorship Natural supports Leadership opportunities



#### AT A GLANCE: INCLUSIVE HIGHER ED IN COLORADO

PATHWAYS TO INCLUSIVE HIGHER EDUCATION  College / University Inclusive Office	NATIONALLY ACCREDITED IHE PROGRAM  Granted by IHE Accreditation Council	CTP STATUS  FAFSA & DVR Funding is Available	ESTIMATED TUITION & FEES FOR '24-'25 SCHOOL YEAR  Tuition for CO residents + program fee + campus fees	ESTIMATED RESIDENTIAL LIVING COSTS  Plans vary; blank boxes indicate no residential option	LENGTH	ADDITIONAL TERMS OF ELIGIBILITY	UNIQUE OFFERINGS	
Arapahoe Community College (ACC) <u>Elevate</u>		<b>②</b>	\$5,782-\$6,000 Elevate fee may be offset by institutional scholarships		3 YEARS		FREE INDEPENDENT LIVING COURSE	
Colorado State University (CSU) RAM Scholars		IN PROGRESS	\$8,000-\$15,000		3 YEARS		AGRICULTURE FOCUS	
Lamar Community College (LCC) Cultivate*		IN PROGRESS	\$7,097-\$12,418	ANTICIPATED FALL 2027	3 YEARS			i
Metropolitan State University of Denver (MSU Denver) Inclusive Higher Education Solutions (IHES)		IN PROGRESS	\$13,961-\$18,852		4 YEARS		IHES COURSES OPEN TO ALL MSU DENVER STUDENTS	d
Pikes Peak State College (PPSC) ASPIRE Scholars*		IN PROGRESS	\$6,397-\$10,295		3 YEARS			
Regis University GLOBAL Inclusive Program		<b>S</b>	\$26,270-\$33,360 Scholarships available	\$13,284-\$19,810	1-4 YEARS		JESUIT VALUES; CAREER CERTIFICATES	
University of Colorado Colorado Springs (UCCS) Office of Inclusive Services (OIS)	<b>S</b>	<b>(</b>	\$22,000	\$10,600-\$13,000	4 YEARS	AGE 18-26	CHOICE OF FULL UCCS COURSE OFFERINGS	
University of Northern Colorado (UNC) Go on and Learn (GOAL)		<b>S</b>	\$15,024-\$20,375	\$11,809-\$12,142	4 YEARS	AGE 18-25; STUDENT MUST BE OWN GUARDIAN	DESIGNATED RESIDENTIAL LEARNING COMMUNITY	

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Click

 $Specific \ questions? \ Contact \ IN! \ to \ learn \ more! \ // \ \underline{inclusive highered.org/contact-us} \ // \ info@inclusive highered.org$ 

# **Questions?**





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### **Elevate at ACC**

- Commuter Campus:
  - Student must have transportation to campus (RTD, Uber, etc.)
- Average class size at ACC is 25 students
  - o more opportunities for students to interact with their instructors, other students
- Elevate Workshop:
  - Focuses on independent living skills, financial literacy, maintaining healthy friendships, etc.
  - Students do not pay for this course
- Social and community engagement opportunities:
  - National merit/honor societies
  - ACC's Student Government Association
  - Elevate Club: Unified gaming club, a creative club, sports club
  - Walking distance from Historic Downtown Littleton and the Littleton light rail station

### **CSU RAM Scholars**



- No Residential Living (yet):
  - Student must have transportation to and from campus
- Students must have clear motivation to develop career skills to work in agriculture and related sciences
- Very hands on, experiential learning courses
- Peer mentors primarily come from ag. education department, studying to become ag. teachers (FFA)



Prevention Research Center
College of Agricultural Sciences
Center for Community Partnerships

- Attend classes in 2 main locations:
  - Fort Collins campus
  - Agricultural Research, Development, and Education Center (<u>ARDEC</u>)

### **Cultivate at LCC**



- Ensures rural access to IHE
- Traditional community college IHE model (3 years)
- Residential living
  - Anticipated to begin Fall 2027
- Emphasis on employment needs in the region: para educators, agriculture, etc.
- Community-oriented campus culture



### **MSU Denver IHES**



- Student must have transportation to campus
  - Easily accessed by RTD
- IHES students are fully included in **all** course offerings with continuum of support services for students with ID
  - Academic Coaching, Executive Function Coaching, Student-Centered Planning, Self-Advocacy, and Employment Exploration, Acquisition, and Retention for all MSU Denver students
- Focus on process not product
  - students learn how to learn
  - applications of academic and executive function skills in diverse environments



**School of Education** 

### **ASPIRE Scholars at PPSC**



Achieving SuccessThrough

Personalized Inclusive Real -World Education

Student must have transportation to campus

 Goal: Empower students to live self-directed lives and transition seamlessly into their communities and professional environments

 Traditional community college IHE model (3 years)

• Emphasis on internship placements in years 2-3

# **GLOBAL Inclusive at Regis**



- Jesuit University
  - GLOBAL draws from the Jesuit values such as care for the whole person, service for others, contemplation in action
  - Students/families do not need to be Catholic to attend
- Liberal Arts focus
  - Classes include Religion, Philosophy, Peace & Justice, Mathematics, etc.

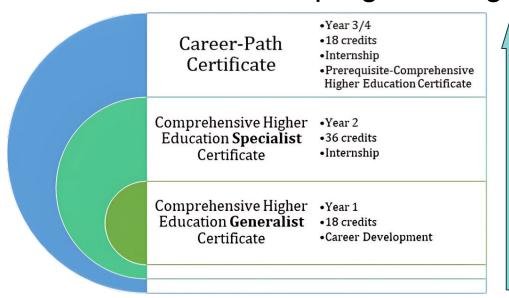


- Students can live on campus or commute
- Universal Design for Learning (UDL)

# **GLOBAL Inclusive at Regis**



3 scaffolded levels of programming





 Career-Path Certificates: Health Professions or Communication & Advocacy

### **OIS at UCCS**



- 2nd IHE in the nation to receive National Accreditation
  - "demonstrate a level of quality programming for students with ID"
- Scaffolded supports: begin with more and then fade
- Students can live on campus or commute
  - On-campus dorms or nearby off-campus apartments
  - 6 hours/week of independent living services; additional support available for a fee
- Choice of **full** UCCS course offerings
- College & Career:
  - semesterly targeted course for students to learn job skills, executive functioning, relationship management, etc.
- Optional driving seminar for interested students
- Aged 18-26 upon enrollment



#### **UNC GOAL**



- Designated residential learning community with trained RAs
- Students must be their own guardians
  - Emphasis on students' FERPA rights
  - Parents are much less involved
- High levels of student independence
  - Student expectation of "accountability, responsibility, and self-determination"
  - Limited structure on the weekends & longer periods of free time without direct supervision or instruction from GOAL staff and mentors
  - Safe boundaries of self and others
- Schedule a meeting to learn more
- Aged 18-25 upon enrollment



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# General Admissions Process & Requirements



# **Initial Steps (Normative)**



- Tour campuses to get a feel for each school and staff
  - Schedule via campus admissions websites
- Consider distance/desire to live away from home
- Research area of study availability at each school
- Complete FAFSA
- Ask key teachers, coaches, bosses, etc. for letters of recommendation
- Gather & organize required documentation



# **Application Process**



- General Timeline (varies from school to school)
  - Fall/Winter applications open
  - Spring interviews begin
  - Updates on our website
- Apply through inclusive offices (IN! does not facilitate admissions)
- ALL applications require:
  - student questionnaire
  - guardian questionnaire/input
  - letters of recommendation (teachers, coaches, etc.)
  - disability documentation (recent IEPs, medical diagnoses, etc.)



### **Admission Criteria**



- 18+
- Have a documented intellectual disability\*
- Have need for modifications
- Student desire to go to college & be as independent as possible
- Able to take the lead in participation of class and activities with support
- Able to follow campus Code of Conduct
- Wish to engage in vocational training and experiences



### **Admission Criteria**



- What is NOT required
  - Traditional high school diploma
     (Certificate of Completion is required)
  - GPA minimums
  - Specific high school courses (AP, etc.)
  - Standardized tests (ACT, SAT)
  - Robust resume (extracurriculars, volunteer work, etc.)



### **Admissions Decisions**



- Holistic review of student needs & desires
- Decisions based on many aspects, such as:
  - Learning needs and desire to attend college
  - Hope to engage in instruction surrounding all 4 pillars of IHE
  - The ability of IHE office to meet needs & goals
  - The skill level necessary to participate in coursework and campus life (transitions between classes and buildings, non-academic/social activities)
  - Commitment from family/caregivers to support the goals of the student



# IHE-Specific Admissions Process & Requirements



### **Elevate at ACC**



- Rolling applications
- Visit <u>Elevate website</u> and select "Apply to the Elevate Program"
- Complete application and include:
  - Junior Year IEP
  - Most recent IEP
  - Professional Letter of Recommendation
  - Personal Letter of Recommendation
- After application is reviewed:
  - Campus Experience Day
  - Student Admission Interview
  - Parent/Guardian Interview
- Summer Bridge prior to start of classes in August



### **CSU RAM Scholars**



- Application opens later this month (November 2024)
- Visit <u>RAM Scholars website</u> to learn more
- Select: <u>Apply: RAM Scholar</u> and complete interest form (now) or application (upon launch)
- Fall 2025 decisions likely will be made in April/May



Prevention Research Center
College of Agricultural Sciences
Center for Community Partnerships

### **MSU Denver IHES**



- Rolling applications
- Visit <u>IHES website</u>, scroll down and click "Apply to an IHES Program"
- Complete and submit the Student Application Packet
  - High School Transcripts
  - Latest Triennial IEP/Summary of Performance
  - Submit Reference Forms (three total)
  - o Submit results of a current physical examination
  - Parent Questionnaire/Readiness Scale
- Applicant and parent/guardian/support person will attend a personal interview



**School of Education** 

# **GLOBAL Inclusive at Regis**



- Begin on <u>GLOBAL Program website</u>
- Scroll down, select "Learn How to Apply" and follow instructions
  - Student "essay" about desire to attend college
  - Unofficial or Official Transcripts
  - Psychoeducational Evaluation and/or Plan
- If accepted, students:
  - Participate in Person Centered Planning
  - Attend a 3-day, New Student Orientation with GLOBAL Inclusive Program staff prior to the start of the academic year



### **OIS at UCCS**



- Application open until January 31, 2025
- From <u>OIS homepage</u>, select "Admissions" and then "Application" on drop down menu
  - Submit most recent AND Junior Year IEP
  - Transcript
  - 2 Letters of Recommendation (teacher and community member)
- After application has been reviewed, students will have an interview with staff
- Decisions announced May 2025 or sooner
- Mountain Lion Academy in August



### **UNC GOAL**



- From <u>GOAL homepage</u>, select "Is Goal Right for Me?" and read through requirements
- From GOAL homepage, select "Apply" & submit:
  - Student & Parent Application
  - Personal Support Inventory ("I know how and when to change the sheets on my bed")
  - Three Professional References
  - Parent Readiness Survey
  - Unofficial or Official Transcripts
  - Psychoeducational Evaluation and/or Plan
- Interview process: 1.5 day "applied interview"
  - Allows GOAL staff to assess how students navigate novel experiences and interact with others
- If admitted:
  - Attend a 2-day, New Student Orientation with GOAL staff prior to the start of the academic year



# Cultivate at LCC & ASPIRE Scholars at PPSC



- Applications will open spring 2025
- Interview process likely completed by end of spring
- Enrollment finalized by summer of 2025
- Initial cohorts ~5 students / each for first few school years
- Additional information will be posted on <a href="Miles website">IN!'s website</a>

# **Questions?**





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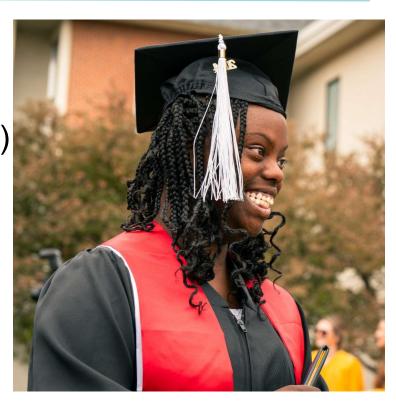
**Resources** 



#### **IN!** Resources



- Levels of Support for Students with Disabilities in College
  - Recent Webinar (March 2024)
  - Printable Handout
- Paying for IHE
  - Recent Webinar (Oct 2024)
  - Printable Handout







#### INCLUSIVE HIGHER EDUCATION (IHE) APPLICATION PROCESS: Questions for families to ask IHE directors & staff

During the application process for inclusive higher education (IHE), students and families will be interviewed to assess whether the student and the IHE are a good "fit" for each other. During this process, it's important for families and students to also "interview" the IHE staff. Below are questions you may want to ask.

#### QUESTIONS ABOUT ACADEMICS:

- · Which courses are IHE students required to take?
- How many courses are inclusive? How many courses are targeted to IHE students?
- How much choice do students have in which courses they take? Describe the class selection process.
- How many academic departments or programs on campus can IHE students access? What is the plan to improve course accessibility across campus?
- What support does your IHE offer course instructors to ensure they are prepared to teach students with ID successfully?

#### QUESTIONS ABOUT CAMPUS & COMMUNITY INCLUSION:

- What campus activities have other IHE students joined? What campus activities are not accessible to IHE students?
- How does this IHE fit into your campus's broader diversity, equity, and inclusion (DEI) efforts?
   How do IHE staff and near mentars support students' full inclusion into the campus community.
- How do IHE staff and peer mentors support students' full inclusion into the campus community?
- Through what processes do you ensure students engage with social events and the broader campus community?
- What system do students use to help plan academic, social, and life-skill activities (i.e. Google Calendar, Outlook, etc.)?
   How do students learn to use the tool?
- What percentage of time is "free time" for students? How are students supported in using this time appropriately?

#### OUESTIONS ABOUT CAREER DEVELOPMENT:

- · Describe the work progression of students on campus. What types of jobs do IHE students hold?
- What support do you offer to help students find a paid job while attending college?
- How, if at all, do you support students to find employment once they graduate?

#### QUESTIONS ABOUT RESIDENTIAL LIVING (if applicable):

- Where on campus do IHE students live? Is their housing inclusive of both IHE students and other students on campus?
- · Describe the roommate selection process.
- How are Resident Assistants (RAs) and other Residence Life staff members trained to support the independent living of students with ID?
- How are student safety and security balanced with freedom?

#### OUESTIONS ABOUT BEHAVIORAL EXPECTATIONS & CODE OF CONDUCT:

- · What behaviors might inhibit admission to your program?
- · How do program staff and peer mentors support IHE students in understanding the campus code of conduct?
- · What is the university process for handling student misconduct? Does the process differ for IHE students?
- What is the university process for manding student misconduct: Does the process differ for the student
   What additional supports do program staff offer within the campus misconduct process?
- What additional supports do program stantoner within the campus misconduct process:
   If an IHE student is involved in a campus misconduct process, what is the parents' role? What does this look like if the

#### student is their own guardian?

#### QUESTIONS ABOUT STUDENT RIGHTS & RESPONSIBILITIES:

- · How do you handle FERPA requirements while communicating important information to students and families?
- · Do you accept students under guardianship or other protective agreements, such as supported decision-making?
- How does a student's guardianship status affect staff communication with families?
- · What role do you expect students to play regarding family communication?

#### - What fole do you expect students to play regarding fairing communication

#### QUESTIONS ABOUT PROGRAM ADMINISTRATION:

- · How many full-time and part-time employees support IHE students? What are their roles?
- What kind of experience and training do staff members receive to support students with ID in the four main pillars: academics, social development, vocational training, and independence?
- Who should family members contact with questions or concerns? Describe the process of communication with family members
- · What role, if any, do families have in the development of the student's individualized program and support?

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#### **National Resources**



- Going to College Preparation Page
- ThinkCollege Program Search Page
- ThinkCollege Family Resources



### **Learn More & Get Involved**

IN! works to raise awareness of the inclusive college options available throughout Colorado via webinars, informational sessions, mentorship opportunities, college prep resources, and more.

#### Helpful Links

- IN! website
- IN! College Mentorship Program
- Fall Webinar Series
- Monthly Newsletter



### THANK YOU

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Are you sure you want to continue?

Continue

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# **Questions?**

