

Fall 2023 Webinar Series

BACK TO SCHOOL WITH IN!



PATHWAYS TO INCLUSIVE
HIGHER EDUCATION

Welcome!

- [Full Fall 2023 Webinar Series](#)
- Q&A time allotted throughout
- Brief feedback survey directly following
- Video recording & resources will be available



Meet Our Staff

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Who We Are

IN! exists to create **inclusive** college opportunities in Colorado for students with intellectual disabilities (ID) to foster **academic growth, social development, career advancement, & independence.**

What We Do:

EDUCATION

OUTREACH

EXPANSION

OUTCOMES

*IN! does not provide direct services on campus

Webinar Objectives

- Understand college options for students with disabilities in Colorado including pathways for students with intellectual disabilities (ID).
- Identify the four pillars of inclusive higher education and discuss preparation techniques/goals in each.
- Access resources and begin to develop a plan to introduce and implement college preparation strategies now.

Understanding College Options For Students with Disabilities

History of Disability Services

1973



Section 504
of the
Rehabilitation
Act

Required for all
institutions of
higher ed

Non-
discrimination for
students that
meet entry
criteria

1990



Section II of
Americans w/
Disabilities Act
(ADA)

Required for all
institutions of
higher ed

Appropriate
accommodations
and equal access
for admitted
students

2008



Federal
Reauthorization
of Higher
Education
Opportunity Act

Select institutions

Think College
established

Inclusive services
for students with
ID or that don't
traditionally meet
entry criteria

2016



Colorado Senate
Bill 196:
Inclusive Higher
Education Act

CO to join the
inclusive higher
education
movement

3 pilot schools
established

2022



Colorado House
Bill 22-1107:
Inclusive Higher
Education
Opportunities

Expanding
pathways and
equitable access
to inclusive higher
education in CO

2-4 more
programs
launched in 2024



Traditional Disability Services

- ☐ I meet traditional college entry criteria (diploma, ACT/SAT)
- ☐ I want an Associate's degree or higher
- ☐ I can meet all class outcomes
- ☐ I only need accommodations to be successful

Examples:

- ☐ Extra time on exams
- ☐ Quiet location
- ☐ Preferential seating
- ☐ Sign language interpreter
- ☐ Scribe
- ☐ Assistive tech.
- ☐ etc.

*Available at all colleges
*No fees

Supplemental Disability Services

- ☐ I meet traditional college entry criteria
- ☐ I want an Associate's degree or higher
- ☐ I only need accommodations to be successful academically
- ☐ I am primarily independent academically but need some support with social, vocational, or organizational skills to be successful

*Available at select colleges
*Must apply to college & apply to participate in program
*Fees apply

Inclusive Higher Education Services

- ☐ I don't meet traditional college entry criteria
- ☐ I have an intellectual or developmental disability
- ☐ I want to receive a certificate credential
- ☐ I need both accommodations & modifications to be successful academically
- ☐ I need more intensive staff and peer mentor support in
 - ☐ Academic participation
 - ☐ social engagement
 - ☐ vocational development
 - ☐ independence

*Available at select colleges
*Must apply to program to be admitted to college
*Fees apply

High School vs College

High School

- IDEA - success
- Automatic accommodation & modification process
- Lots of structure
- Less student choice
- Parents as primary advocate

College

- ADA & 504 - access
- Interactive accommodation & modification process
- Less structure
- Lots of student choice
- Nothing about student without student

High School vs College

High School

- Primary case manager to coordinate services
- High family involvement and guidance

[ThinkCollege's Table of Differences Between High School and College](#)

College

- Access to support services across campus
- Natural decision making & natural consequences

Other Student Services in College

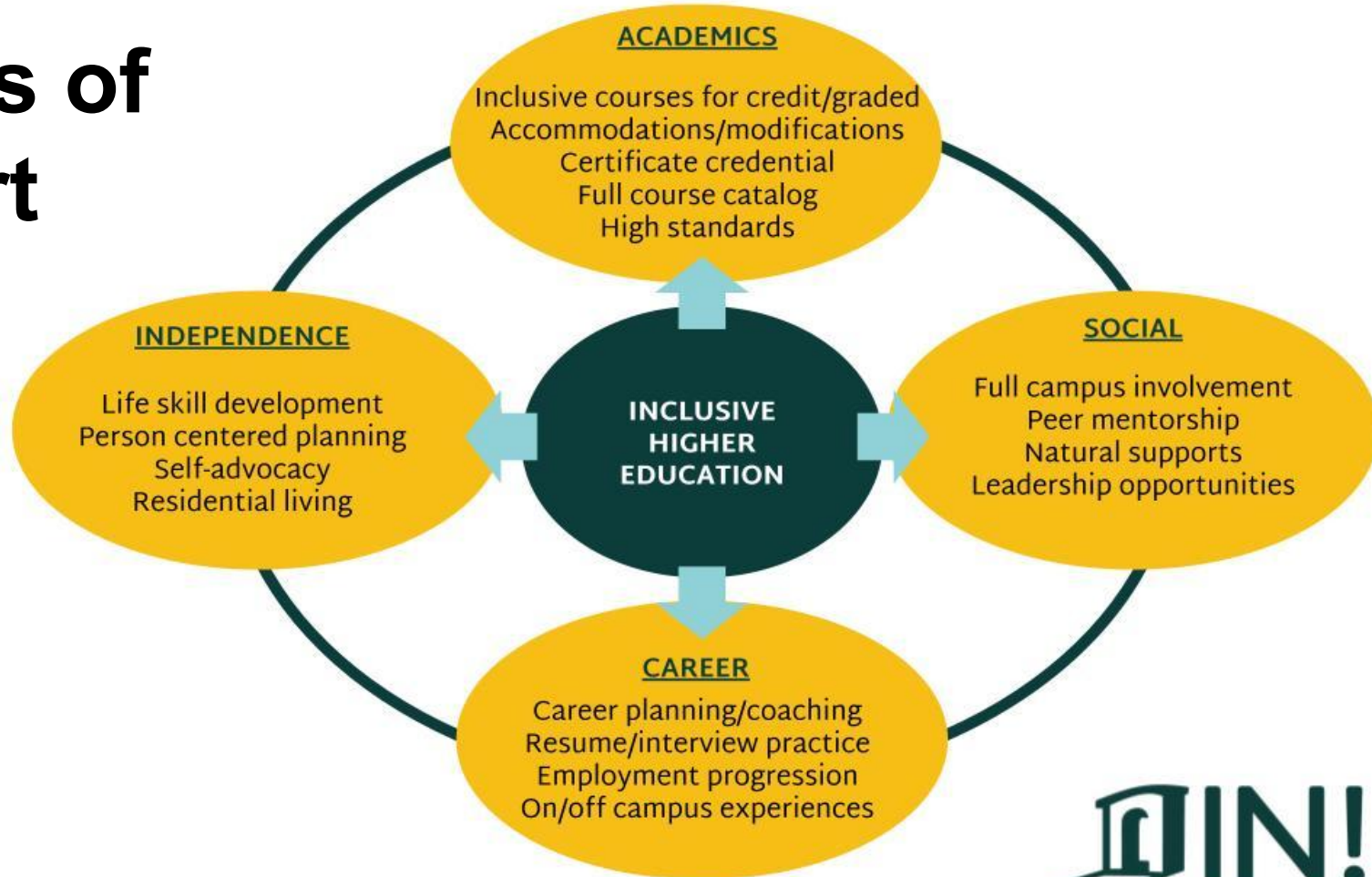
- Academic advising
- Career services
- Tutoring center
- Writing center
- Counseling center
- Veteran affairs
- Library/research
- Student life clubs/activities
- Health and wellness center



What is Inclusive Higher Education?

- Alternative admission pathway for students with intellectual and developmental disabilities*
- Fully inclusive & normative
- Students take courses that align with career goal
- Access accommodations & modifications
- Earn certificate credential
- Participate in career readiness and independent living
- Staff and peer mentor support in 4 domains:

4 Pillars of Support





- Elevate
- Arapahoe Community College
- Littleton, Colorado
- **Commuter Campus**
- 3 year program
- arapahoe.edu/elevate-acc



- Office of Inclusive Services (OIS)
- University of Colorado
- Colorado Springs, Colorado
- **On campus living**
- 4 year program
- inclusiveservices.uccs.edu



- GOAL – Go On And Learn
- University of Northern Colorado
- Greeley, Colorado
- **On campus living**
- 4 year program
- unco.edu/unc-goal



- GLOBAL Inclusive Program
- Regis University
- Denver, Colorado
- **On campus living**
- 1-2 year program
- regis.edu/global

- Comprehensive Transition & Postsecondary Program (CTP) = Financial Aid
- Statewide Comprehensive Higher Education Certificate = Meaningful Outcome
- Admission in Fall terms, applications open early Spring



- CSU RAM Scholars
- Colorado State University
- Fort Collins, Colorado
- Experiential learning and agriculture focus
- Program specifics and webpage coming soon



- Inclusive Higher Education Solutions
- Metropolitan State University of Denver
- Denver, CO
- Program specifics coming soon
- msudenver.edu/IHE
S



- Rural university



- Community College

Coming Fall 2024

Coming Fall 2025

Important to Note

- Increased responsibility from K-12
- High standards & academic challenge
- Student-driven
- High expectations
- Faded support models
- Begin preparation early

“ [inclusion in college] gives you a neat opportunity to discover yourself and what your role is in this world.”

Jonah
Inclusive higher education
student
Elevate at ACC

Questions?

College Preparation Skills for Students with ID

Preparing All Students for College

- Presumed competence
- Normative pathways
- Informed choice
- Transferable Skills
- High expectations lead to positive transition outcomes

“Teachers’ expectations have a greater impact on a student becoming employed or going to college than will a student’s skills or disabilities.”

(Think College, 2015)



Preparing In All Domains

- Academics
- Social
- Vocational
- Independence

"The bar has been set high, and the students have risen and reached it! They have been presumed competent and their lives changed."

- IHE Graduate Parent

Academics

- Build literacy skills
 - Sentence/paragraph structure
 - Note taking of big ideas
 - Email etiquette
 - Audio books
- Know learning needs
 - Strengths & weaknesses
 - Accommodations & modifications
- Technology know how
 - Email access
 - Office software
 - Assistive technology



Academics



- Explore academic interests
- Attendance and punctuality
- Participate inclusively
- Take responsibility and ownership for high quality work
- Goal setting and tracking
- Follow a schedule
- Accept constructive criticism
- Persistence / growth mindset

Social

- Self-awareness & regulation
- Schedule management
- Professional relationship awareness
- Communicate needs
- Conflict management
- Collaboration / active participation
- Adaptability
- Responsible risk taking
- Use of social media
- Use of natural supports



Career



- Career awareness & exploration
- Self awareness
- Time management
- Communication strategies
- Problem solving
- Motivation & initiative
- Self-advocacy
- Social/Emotional Understanding
- Coping Techniques

Independence

- Navigating campus
- Personal & campus safety
- Community access & travel
- Use of down time
- Medication Management
- Self-care / cleanliness
- Use of interagency supports
- Money management
- Home-based responsibilities



Questions?

Develop Your Plan of Implementation

General Techniques

- Instill growth mindset
- Create an environment of choice
- Fade supports over time
- Use least to most intrusive prompts
 - (1) Open ended questions
 - (2) Prompt to recall background information
 - (3) Offer direct cues to natural sources of information
- Allow for dignity of risk



At Home

- [Explore financial resources as a family](#)
- Identify calendar tracking app & prompt students to record appointments, alarms, etc.
- Develop vitamin taking routine as medication management practice
- Learn to make a few staple meals
- Pack your own backpack before school
- Follow a cleaning routine with guidance

At School

- Student-led IEP goals & meetings
- Advocate for inclusive settings as often as possible
- Ensure high expectations amongst classroom supports
- CC students into any email thread between parents/providers
- Student meet with each teacher/paraeducator to discuss accommodations & modifications needed
- Select classes and extracurricular activities of interest
- Offer scheduled time for personal organization and maintenance (email check, planner, etc.)

In Community

- Volunteer experiences in area of interest
- Coordinate job shadowing or internships
- Practice with students to identify, find, and register for events/activities of interest to them
- Access travel training
- Practice use of natural supports
- Connect to your local Community Centered Board

Closing Remarks

- You are not alone!
- Take it one step at a time
- Collaborate with community agencies:
 - DVR/SWAP
 - The Arc Chapters
 - Community Centered Boards
 - PEAK Parent Center
 - Etc.



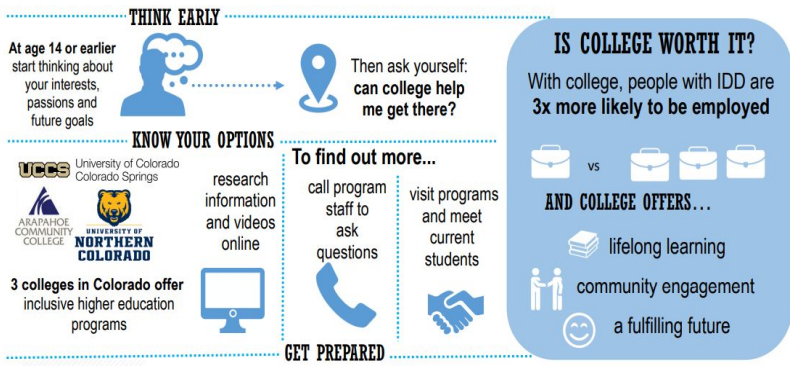
Resources to Support Your Preparation

Handouts

The ACL's guide to

PREPARING FOR COLLEGE

for students with intellectual and developmental disabilities and their families



College Preparation Checklist for Students with ID Pursuing Inclusive Higher Education

Inclusive higher education programs provide alternate enrollment pathways to college for students with intellectual disability. By providing robust support to students in four domains (academics, social, career, and interdependence), participants are able to pursue their goals and be fully included members of the student body.

Below is a checklist of skills to begin developing in each domain in order to best prepare students for inclusive college participation.



ACADEMICS:

- ☐ Student led IEP
- ☐ Participate in inclusive settings
- ☐ Exploration of academic interests
- ☐ Use of assistive technology for basic reading and writing support
- ☐ Knowledge of learning style

CAREER:

- ☐ Career exploration and curiosity
- ☐ Time management
- ☐ Communication with supervisors
- ☐ Problem solving
- ☐ Motivation & commitment
- ☐ Initiative

Handouts

Early Childhood

- Set high expectations
- Share local and national college options with families
- Share success stories of students with similar challenges
- Encourage families to begin saving for college
- Emphasize age-appropriate academic skills
- Empower self-awareness
- Create an environment of choice
- Prompt student decision making
- Acknowledge student failure as opportunity to learn

Elementary School

- Include students with disabilities in general education settings
- Foster healthy social-emotional communication
- Talk to all students about college
- Support healthy habits
- Foster academic skills and use of assistive technology
- Explore academic interests and strengths
- Build self-determination, self-advocacy, personal agency skills
- Frequent goal setting
- Provide opportunities for choices
- Help students talk about disability characteristics & needs

Middle School

- Maintain academic rigor for students with disabilities
- Discuss students' interests and goals
- Empower student participation in extracurriculars
- Build comfortability with e-communication, tech use
- Encourage punctuality & time management
- Support student volunteer efforts
- Include students in opportunities for academic advocacy
- Help students become comfortable with down-time
- Strategize systems for management of personal info
- Academic Skills:
 - Use planner to track assignments, important dates
 - Follow a checklist to prepare for classes
 - Use strategies to identify core information in texts
 - Supported note taking
 - Practice sustainable study habits
 - Ensure review time to assess quality of work

High School

- Students discuss the supports they need to reach their goals
- Families contact colleges to take campus tours and learn more
- Connect with DVR, CCBs, other important agencies/organizations
- Help students budget money
- Encourage students to call and make appointments
- Help students learn to use ADA friendly public transportation
- Include goals related to college preparation in IEP
- Independently maintain a schedule
- Academic Skills:
 - Awareness and appropriate use of resources at school
 - Curiosity, desire to learn more
 - Complete familiar tasks without assistance
 - Self-advocate: Ask questions, attend teacher office hours
 - Participate in class discussions and activities
 - Maintain persistence when frustrated by academic tasks
- Social Emotional Skills:



Inclusive Services

UNIVERSITY OF COLORADO
COLORADO SPRINGS

Getting Ready for College: Top 10 Actions to Take While in High School

1. **Work on Independence:** Independence is going to look different for every student, but all students should take steps towards directing their life, making choices, and do things without direct adult support. Some examples include:
 - a. Find classes
 - b. Gather supplies
 - c. Use a locker
 - d. Get lunch and snacks
 - e. Follow a schedule
 - f. Read and respond to emails
 - g. Text

Learn More & Get Involved



IN! works to raise awareness of the inclusive college options available throughout Colorado via webinars, informational sessions, mentorship opportunities, college prep resources, and more.

Helpful Links

- [IN! website](#)
- [IN! College Mentorship Program](#)
- [Self-Paced Modules: A deep dive into inclusive higher ed](#)
- [Fall Webinar Series](#)
- [Monthly newsletter](#)

National Resources

- [Going to College Preparation Page](#)
- [ThinkCollege Program Search Page](#)
- [ThinkCollege Family Resources](#)
- [State of the Art Conference & Inclusive College Fair](#)
 - October 25 and 26, 2023
 - Colorado Springs, CO



IEP Goal Writing Resources

- [IEP goals to prepare for inclusive college options](#)
- [Tips for IEP Teams to help students and families prepare for college](#)
- [IEP Goal Ideas to Support College Readiness](#)
- [Developing a Plan for Fading Support](#)

Questions?

THANK YOU

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Please click Continue to participate in a short survey.**

you will be leaving zoom.us to access the external URL below

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