

Inspiring Futures College Mentorship Program

KEY INFO FOR PARTICIPATION

STUDENT/MENTEE DETAILS

- Weekly sessions held virtually via Zoom on **Tuesdays from 4:30-5:30pm**
- Calendar invites with links sent to **student email**
- Weekly emails & text message reminders sent
- Come to each meeting prepared to ask 1-3 questions about the topic
- Weekly meeting topics:
 - Feb 4 Week 1: Get to know you & general mentor/mentee connection
 - Feb 11 Week 2: Campus & social life in college
 - Feb 18 Week 3: Academics in college
 - Feb 25 Week 4: Career exploration
 - Mar 4 Week 5: Independence & self-determination
 - Mar 11 Week 6: Celebration & Concluding Q&A (parents welcome)
- Join the Zoom meeting from a quiet area so you can participate fully
- Reach out if you have any questions or needs (contact info below)

PARENT/EDUCATOR DETAILS

- Thank you for connecting your student(s) to this mentorship program. We strive to make it meaningful for them and are grateful to be working alongside you!
- **IMPORTANT**: We ask that students join mentor meetings *independently*. This allows students to connect more authentically and ensures students receive the most out of the program.
- If your student needs additional support/accommodations, please let us know.
 - We will send you weekly emails about topics covered in mentorship sessions and helpful resources you can use to continue the conversation with your student at home.
 - We will also send you links to ongoing webinars geared towards parents/educators in order to resource you well.