

# Home & Community Based options while in College

## Medicaid Waiver Q&A

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Feb-23



# Our Mission:

Improving health care equity, access and outcomes for the people we serve while saving Coloradans money on health care and driving value for Colorado.

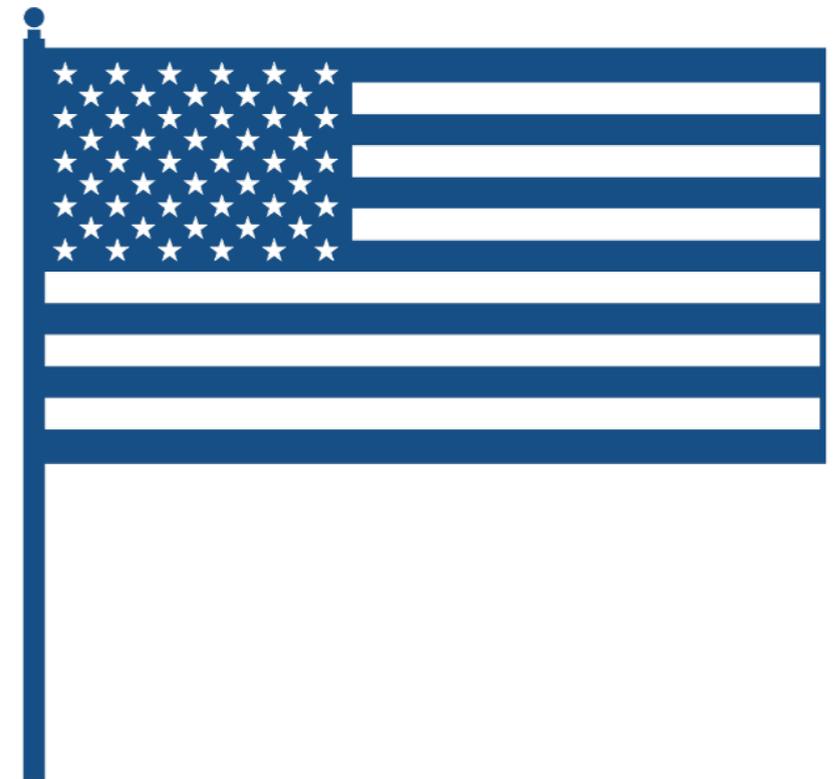
# What we hope you walk away knowing today...

- Medicaid and Waiver Basics
- Accessing Waiver Services
  - Case Management Agencies
  - Eligibility
  - Enrollment
- Waivers in Colorado
- Resources



# Medicaid Basics

- Created in 1965
- Health insurance for eligible low-income adults, children, pregnant women, elderly adults and people with disabilities
- Entitlement program currently covering over 80 million Americans nationwide
- States given the option to participate
  - Funded jointly with State and Federal Funding
  - Some mandatory requirements
  - Some flexibility for States to tailor their Medicaid program to their needs and population



# Medicaid Coverage

- Mandatory State Plan Benefits

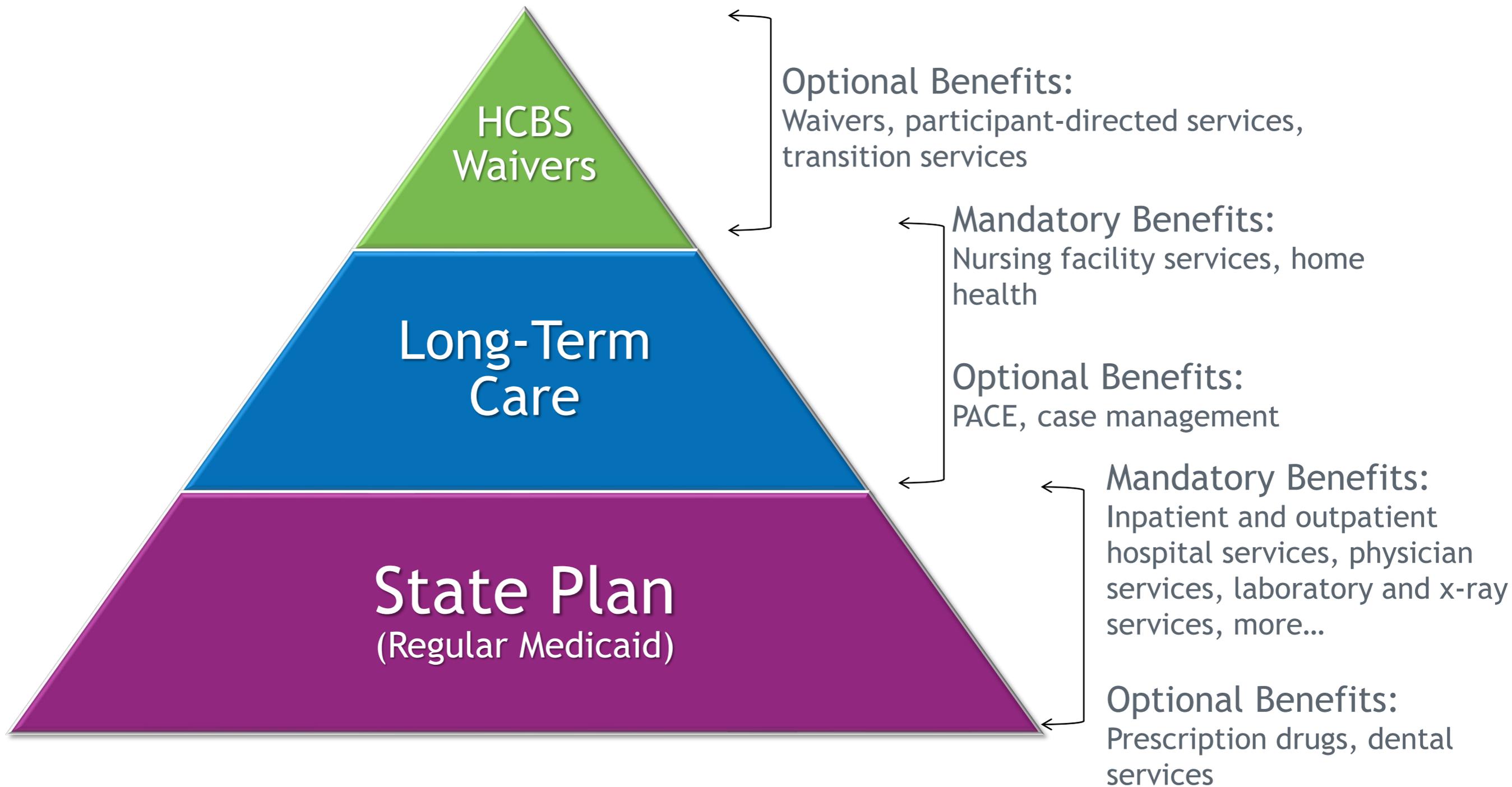
- Inpatient and outpatient hospital services, physician services, laboratory and x-ray services, nursing facility services, home health, and more...

- Optional Benefits

- Prescription drugs, **case management**, physical therapy, occupational therapy, mental health services, **home and community based services**, and more...

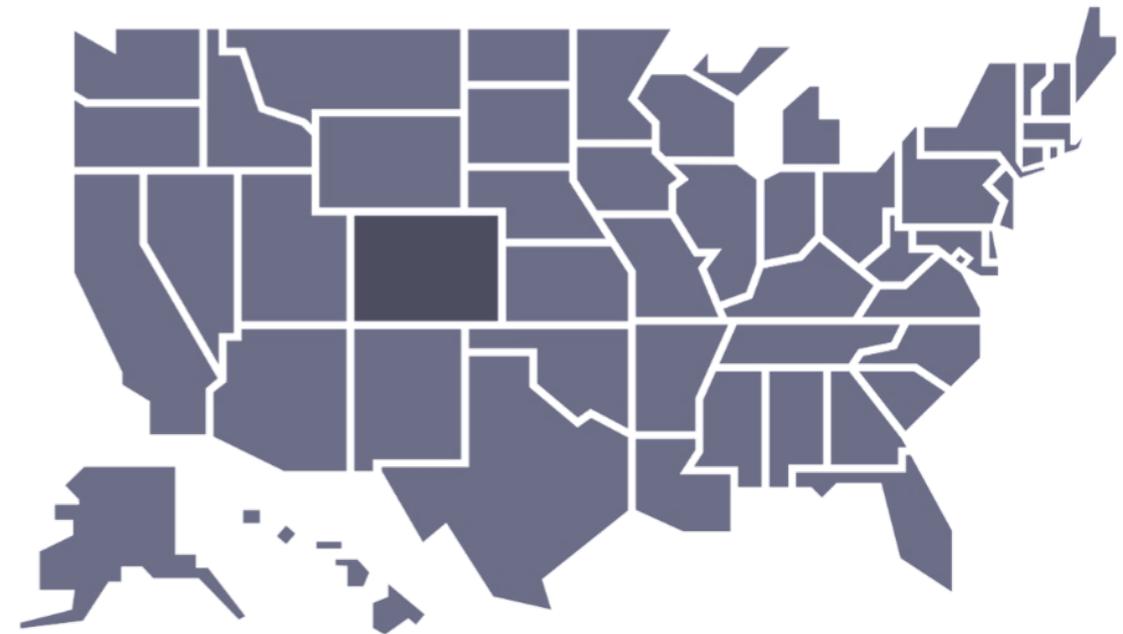


# Benefits Pyramid



# Home and Community Based Services (HCBS) Waivers

- Alternative to institutional care
  - Provide institutional level of care to individuals who prefer to live in their home or community
- Home and Community Based Services (HCBS) Waivers allow states flexibility to:
  - Waive certain income/eligibility criteria
  - Provide specific services to target groups or geographic regions
  - Can have waiting lists or enrollment caps
  - Provide individuals more choice and independence



# Federal Requirements



Cost Neutral



Services Provided to  
Avoid Institutionalization



Protect Health &  
Welfare



Person-Centered  
Plan of Care

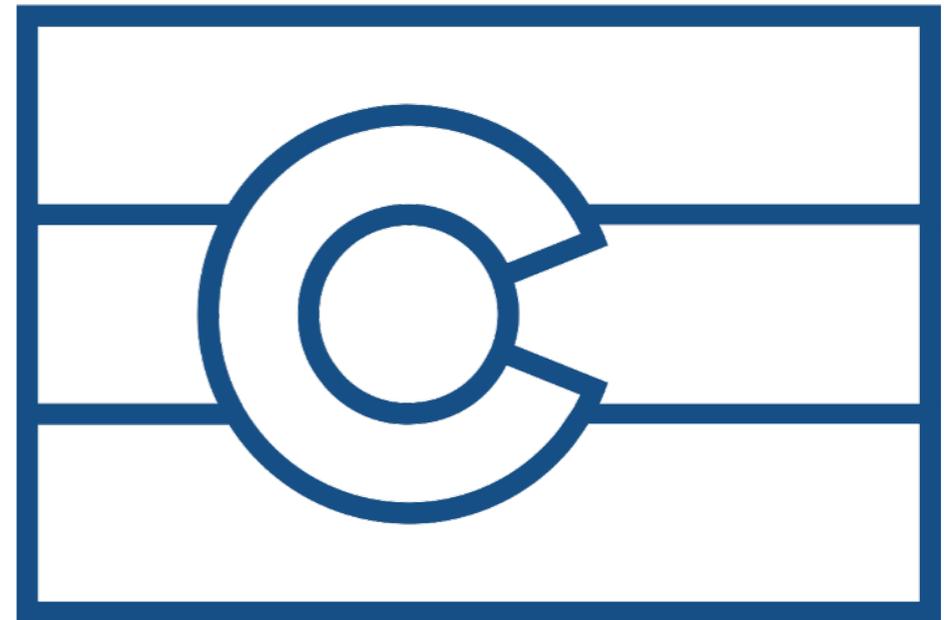
# HCBS Waivers

- Provides all Health First Colorado (Colorado's Medicaid Program) State Plan benefits plus additional waiver services
- Allows participants and their families to remain integrated in the community and have decision making power over their life and health
- Participants receive services in their home and community
  - IDD Waivers - every calendar month
  - Non-IDD Waivers - every 30 days
- Participants can only be enrolled in one waiver at a time, some waivers have waiting lists



# HCBS Waivers

- Waivers and services vary from state to state
- Currently there are more than 300 active HCBS waivers nationwide serving more than 1 million people
- Colorado has 10 waivers
- Waivers must go through a renewal process every 5 years



# HCBS Waivers in Colorado

## Adult Waivers

Brain Injury Waiver (BI)

Community Mental Health Supports Waiver (CMHS)

Developmental Disabilities Waiver (DD)

Elderly, Blind and Disabled Waiver (EBD)

Complementary and Integrative Health Waiver (formally the SCI waiver)

Supported Living Services Waiver (SLS)

# Questions



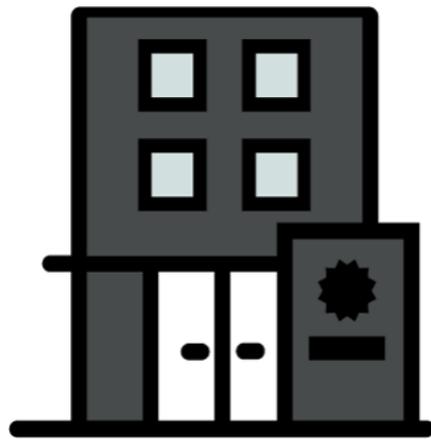
# Agency Roles



**COLORADO**

Department of Health Care  
Policy & Financing

State  
Department



Case  
Management  
Agency



County  
Eligibility Office

# Case Management Agencies

- 24 Single Entry Point Agencies (SEP)
  - Provides case management for BI, CIH, CLLI, CMHS, EBD waivers
    - Some SEPs provide case management for CHCBS waiver
- 20 Community Centered Boards (CCB)
  - Provides case management for CES, CHRP, DD, SLS waivers
    - Some CCBs provide case management for CHCBS waiver
- 5 Private Case Management Agencies
  - Provides case management for CHCBS waiver



# Waiver Eligibility

Eligibility



- Financial
  - County Human/Social Services Office
    - Income and Resources
- Level of Care
  - Case Management Agency
    - ULTC 100.2 Level of Care Assessment
- Targeting Criteria
  - Case Management Agency
    - Waiver Criteria

# Financial Eligibility

- Applicant's income must be less than three times (300%) of the current Supplemental Security Income (SSI) limit
  - May be a combination of different types of income such as SSI, SSDI, Social Security Survival benefits, child support, or income from a trust or employment
- The individual resource limit is \$2,000
- The couple resource limit is \$3,000



# Level of Care

- Hospital Level of Care
  - Participant's needs are similar to that of a person in a hospital. They have acute care needs or their condition is unstable and unpredictable.
- Nursing Facility Level of Care
  - Participant's needs are similar to that of a person in a nursing facility. They require regular medical care, in-home services at least once every 30 days, and oversight of a physician to maintain stability.
- Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) Level of Care
  - Participant's needs are similar to that of a person in an ICF-IID facility. They require regular medical care and rehabilitation.

10 CCR 2505-10 8.408

# Targeting Criteria

- Includes:

- Age Range
- Diagnoses
- Injuries
- Region

**Example:**

Brain Injury Waiver participants must:

- Be 16 years old or older
- Living with a diagnosed brain injury
- Sustained that injury prior to age 65

- Participants may qualify for multiple HCBS waivers
- Case managers must be familiar with all waivers to best inform participants of all of their options
- Participants and families select option that works best for them

# Case Manager Ongoing Responsibility

- Assist with development of a service plan
  - Activities of Daily Living (ADLs)
  - Community living goals
- Help participants navigate the system and understand all of their options to make informed choices
- Help connect participants with providers
- Maintain contact with participants regularly and monitor and adjust services as needed according to the participant's changing needs



# Questions



# A Few HCBS Options

# HCBS Waivers in Colorado

## Adult Waivers

Brain Injury Waiver (BI)

Community Mental Health Supports Waiver (CMHS)

Developmental Disabilities Waiver (DD)

Elderly, Blind and Disabled Waiver (EBD)

Spinal Cord Injury Waiver (SCI)

Supported Living Services Waiver (SLS)

## Children's Waivers

Children's Extensive Support Waiver (CES)

Children's Home and Community Based Services Waiver (CHCBS)

Children's Habilitation Residential Program Waiver (CHRP)

Children with Life Limiting Illness Waiver (CLLI)

# Home and Community Based Services (HCBS) Settings Final Rule

The Settings Final Rule establishes:

- The Person-Centered Planning process
- Better Community Integration and Independence for individuals utilizing services
- Conflict Free Case Management

[Final Settings Rules and Information](#)

# Supported Living Services Waiver (SLS)

For persons living with intellectual or developmental disabilities who can live **independently with limited supports** or who, if they need extensive supports, are receiving a high level of support from other sources, such as family

Must be 18 years old or older and meet ICF-IID level of care

Contact local Community Centered Board (CCB)

- Assistive Technology
- Behavioral Services
- Colorado Choice Transitions (CCT)
- Day Habilitation Services
- Dental Services
- Home Modifications
- Homemaker Services
- Mentorship
- Non-Medical Transportation
- Personal Care Services
- Personal Emergency Response System (PERS)
- Pre-vocational Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)
- Respite Services
- Specialized Medical Equipment & Supplies
- Supported Employment
- Vehicle Modifications
- Vision Services

# CDASS in HCBS-SLS

## CDASS: Services Allowable Within the Support Plan Authorization Limit (SPAL)

- Personal Care Services
- Homemaker Services
- Enhanced Homemaker Services

## CDASS: Service Allowable Outside of the SPAL & the Overall HCBS-SLS Waiver Cap

- Health Maintenance Activities
  - CDASS waives aspects of the Nurse Practice Act allowing attendants to provide services without licensure or certification

# Developmental Disabilities Waiver (DD)

For persons living with a developmental disability who need access to services and **supports 24 hours a day**

Must be 18 years old or older and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care

This waiver has a waiting list

Contact local Community Centered Board (CCB)

- Behavioral Services
- Colorado Choice Transitions (CCT)
- Day Habilitation Services (Specialized Habilitation, Supported Community Connections)
- Dental
- Non-Medical Transportation
- Prevocational Services
- Residential Habilitation Services and Supports (24-hour individual or group)
- Specialized Medical Equipment and Supplies
- Supported Employment
- Vision

# Residential Options in the DD Waiver

## Host Home:

- 1-3 people living in a residence that is owned or leased by the Host Home provider. Individuals in this setting are not related to one another; the HH provider is in a contractual relationship with a CCB or PASA.

## Family Caregiver and Residence:

- 1-3 people residing in a family residence, with at least one person related to the owner/caregiver.
- In addition to the family caregiver/owner, a PASA staff person could come in as backup or as an additional caregiver.

## Individual Residence:

- A Person may live on their own, in their own apartment or residence. PASA staff would come in and provide care, for however many hours are needed.
- There are some instances where there is a “reverse Host Home” where a PASA staff moves into the individual’s residence.

## PCA Home

- 1-3 people living in an agency owned residence. Rotating staff come into the residence to provide care, none of the staff being related to the individuals. This could be considered “Group Home Lite”, as this is a staffed home but with fewer people living there.

Housing Voucher Options: <https://www.colorado.gov/pacific/dola/division-housing>

# Okay, Where do we start?

# Things to Remember

- Waiver is the payer of last resort, so it is important to ensure there is no duplication of services.
- These are nontraditional waiver settings, so there may be some additional questions - but this is allowed so do not be scared away
- Medicaid only pays for services; it does not pay for housing. So reasonable accommodation for a live-in aid and things like that will need to be handled through the school, or if living off campus the landlord and possibly the housing voucher.

# Initial Steps

- Tell your Case Manager as soon as possible.
- Also Explore DVR resources - <https://dvr.colorado.gov/>
- Identify the services that will be needed, and use waiver charts to determine waiver options - This is most often going to be the SLS or DD waiver, but it is always good to stay open to other options
- Work with IN! to determine what services are available either through their program or through accommodations on campus
- Look at what supports are needed back at home, while on break so that you can better plan what the PAR is going to look like.

# Resources

# Waiver Charts and Flow Charts

- Waiver Charts

- Provide a side-by-side comparison of key components and eligibility requirements of each waiver
- Includes program contact information

- Flow Charts

- Provide participants and families a decision-tree to help them understand all of the program options



[www.colorado.gov/hcpf/long-term-services-and-supports-training](http://www.colorado.gov/hcpf/long-term-services-and-supports-training)

# Case Management and County Contacts

- Single Entry Point Agencies

- [www.colorado.gov/hcpf/single-entry-point-agencies](http://www.colorado.gov/hcpf/single-entry-point-agencies)

- Community Centered Boards

- [www.colorado.gov/hcpf/community-centered-boards](http://www.colorado.gov/hcpf/community-centered-boards)

- County Eligibility

- [www.colorado.gov/cdhs/contact-your-county](http://www.colorado.gov/cdhs/contact-your-county)



# Health First Colorado Buy-In Program for Children with Disabilities

- [Program Fact Sheet](#) - Updated November 2018
- [Income Chart and Premium Guide](#) - Updated November 2018
- [Buy-In Programs and Connect for Health Colorado Comparison Chart](#) - Updated November 2018
- [Frequently Asked Questions](#) - Updated November 2018

# Web Resources

- [Health First Colorado Member Handbook](#)
  - [www.healthfirstcolorado.com/benefits-services/#member-handbook](http://www.healthfirstcolorado.com/benefits-services/#member-handbook)
- [Health First Colorado State Plan Benefits & Services](#)
  - [www.healthfirstcolorado.com/benefits-services](http://www.healthfirstcolorado.com/benefits-services)
- [Long-Term Services and Supports Programs Website](#)
  - [www.colorado.gov/hcpf/long-term-services-and-supports-programs](http://www.colorado.gov/hcpf/long-term-services-and-supports-programs)
- [Health First Colorado Buy-In Program for Working Adults and Children with Disabilities](#)
  - [www.colorado.gov/hcpf/medicaidbuyinprograms](http://www.colorado.gov/hcpf/medicaidbuyinprograms)
- [In-Home Support Services \(IHSS\)](#)
  - [www.colorado.gov/hcpf/in-home-support-services](http://www.colorado.gov/hcpf/in-home-support-services)
- [Family Support Services Program](#)
  - <https://www.colorado.gov/hcpf/family-support-services-program-fssp>



# Contact Information

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# Thank You!